

# QUESTION GUIDE

## OBSERVING AND RESPONDING TO STRUGGLING STUDENTS

### OBSERVING SIGNS OF DISTRESS

- **How do your students seem to you?**
- **What do you see, and what do you notice in particular?**
- **What signs that your students are thriving do you see?**  
Examples from other lecturers:
  - *That students participate actively*
  - *That students turn in assignments on time*
  - *That students create a good atmosphere in the classroom*
- **What signs that your students are not thriving do you see?**  
Examples from other lecturers:
  - *That students are absent from class or supervision sessions*
  - *That students have emotional outbursts*
  - *That the students in the class are bad-tempered with each other*

### RESPONDING TO STRUGGLING STUDENTS

- **How can you help your students?**  
Examples from other lecturers:
  - *Set aside extra time for supervision*
  - *Ask about the problem more*
  - *Try to be a good role model*
- **How can you help your students help each other?**  
Examples from other lecturers:
  - *Organise peer feedback*
  - *Suggest social events*
  - *Establish a buddy scheme for volunteers*
- **Who can you refer to that can help your students?**  
Examples from other lecturers:
  - *Refer them to the Student Counsellors' Office*
  - *Refer them to the university chaplains*
  - *Refer them to the Counselling and Support Centre*