

## **ACADEMIC READING - WHAT IS THE PROBLEM?**

### **Academic reading is difficult because...**

You are not necessarily reading because you want to but because you have to

There may be a lot of unfamiliar vocabulary and concepts

The level of difficulty is high, especially if the texts are written in a foreign language

There is a lot to read on your own

There is a purpose to what you are reading Getting everything done requires planning

You have to decide on and take responsibility for what you need to read and what it will be used for

### **Common challenges for students**

Focusing on the number of read and unread texts

Guilty conscience

Lack of motivation or difficulty concentrating

The syllabus lists feel unrealistic, uncoordinated and overly ambitious

The misunderstanding: "The problem is that I read too slowly"

### **The actual problem**

Instinctively, many students read texts and books from start to finish (both the syllabus list and the individual texts). This has the following drawbacks:

- It is not an optimal use of your time
- You cannot read everything
- You will lose continuity and cohesion

### **The solution: Use a reading strategy**

Before reading - think about the genre and purpose of the text

While reading - make a deliberate choice between the different reading methods

After reading - process the material you just read by writing about it and discussing it